

OUTREACH CLASSES

All women welcome! Not just those in recovery.

MONDAYS

Trauma Reboot 1:00 PM to 2:30 PM
Trauma education; healing. Beginning Nov. 6th

TUESDAYS

Recovery Rocks! 12:30 PM to 2:00 PM
This is a fresh approach to Christian 12 Step material.

WEDNESDAYS

Armor of God by Priscilla Shirer 10:00 AM to 11:15 AM
Spiritual tools for the invisible war.

SMART Recovery 1:00 PM to 2:00 PM
Self-Management And Recovery Training
Assorted processing & recovery tools.

THURSDAYS

Codependents Anonymous 6:30 PM to 8:00 PM
Help for healthier relationships. Zoom Only

FRIDAYS

Good Boundaries & Goodbyes 10:00 AM to 11:00 AM
Help for healthier relationships.



The purchase of some study materials may be required.

Contact Cindy Falta for more information:
(352) 547-4817 ext. 104 or
cindy@hishouseforher.org

Coming in January

First Steps
Post-abortive healing.

Trauma Reboot evening class.

Watch socials for info to come.



#allforher