

OUTREACH CLASSES

All women welcome!
Not just those in recovery.

Trauma Reboot
Trauma Education & Healing Tools
Visit rebootrecovery.com for more info.

SMART Recovery
Various tools for thinking & processing.
Visit smartrecovery.org for more info.

Forgiving What You Can't Forget
By: Lysa Terkeurst
Topic--Forgiveness

Good Boundaries & Goodbyes
By: Lysa Terkeurst
Topic--Boundaries

Freedom from Codependency
Uses Codependents Anonymous Book
Topic--Codependency

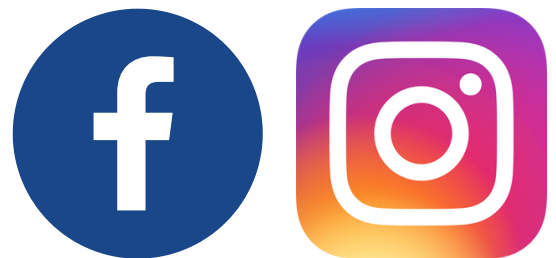
First Steps
Healing from Abortion
Contact: Call or text Denise at
(412) 760-4788



Book purchases
to be made
separately.

For more info:
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